

parenting

early years

MAY 2010

May 2010

Circulation: 1,650,000

UMV: 904,589

fit for
life

Raise a
healthier
family
with our
proven plan
PAGE 88

SWE
HOW

KID MYSTERY #27

Revealed!
What's behind the
split personalities
PAGE 94

Get adventurous at Wolf Creek, Utah

Escape it all in a house or condo at a majestic 3,000-acre mountain resort. **This three-night trip for two kids and two adults, airfare included, is worth \$4,000.** Your idyllic home in the mountains will come with a fully stocked fridge, and your crew can choose from a variety of activities—from boating on Pine View Lake to a white-water rafting excursion—that will get you out into the fresh, crisp air. All this feel-good fun is also good for the earth: The golf course is Audubon Certified, which ensures it's environmentally friendly and preserves the native wildlife. (Wolfcreekutah.com)



LOVE
DND
PAGE 102

Newborn
HOW-HOW

PAGE 41

HOW SAFE IS YOUR
PLAYGROUND?

What to look for

PAGE 33